

chemicalWATCH Factsheet

2,4-D

What is 2,4-D?

2,4-Dichlorophenoxyacetic acid, commonly known as 2,4-D, is a widely used herbicide in the phenoxy class of chemicals. It is the most commonly used pesticide in the non-agricultural sector and the sixth most common in the agricultural sector, with over 40 million pounds being used in the U.S. annually.¹ 2,4-D production supports a world market of over \$300 million. While the herbicide is manufactured and marketed by many different companies, Dow AgroSciences is currently the biggest producer.²

2,4-D is a general use pesticide, and does not require a license to use or purchase. It is used in a wide variety of locations, including agricultural, residential, and public areas. 2,4-D can be found in many lawn care products, it is used as a treatment for roadsides and rights of way, and to control aquatic weeds. In agriculture it is used as a herbicide for grass-like crops, including wheat and barley.³ Products containing 2,4-D are often marketed as “weed and feed” and include Aqua-Kleen, Ortho Weed B Gon, Salvo, Spectracide, Scotts Green Sweep, UltraStop, and Weedone.

2,4-D is a selective herbicide, used to kill broadleaf weeds with little harm to grass crops.³ It is a plant growth regulator, and mimics the natural plant growth hormone, auxin. Unlike auxins, 2,4-D stays at high levels within plant tissues rather than fluctuating. As a result, it causes rapid cell growth and plants die when their transport systems become blocked and destroyed by abnormally fast growth.⁴ While 2,4-D is normally applied to a plant's leaves, it can also be absorbed through the roots and stems.⁵ The half-life of 2,4-D in soil is about 1-2 weeks and 1-3 weeks in water.⁶

Health effects of 2,4-D are of particular concern due to its widespread distribution. In a 2003 study of indoor air toxins, 2,4-D was found in the dust of 63% of sampled homes.⁷ In a 2001 study, levels of 2,4-D in indoor air and on surfaces (floors, tables, windowsills) increased following lawn application of the herbicide. This resulted in exposure levels for children that were ten times higher than pre-application and shows that 2,4-D is easily tracked into homes.⁸

2,4-D has been linked to

- ✓ **Cancer**
- ✓ **Endocrine Disruption**
- ✓ **Reproductive Toxicity**
- ✓ **Neurotoxicity**
- ✓ **Kidney/Liver Damage**
- ✓ **Toxicity to Dogs, Fish, Birds, Earthworms, and Beneficial Insects**

Acute Toxicity

2,4-D is produced in several forms, including acids, salts, amines and esters, and its toxicity varies between the different forms. The EPA toxicity class ranges from I-III (on a I-IV scale with I being the most toxic) depending on the form and method of exposure. The diethylamine salt is the most toxic (class I) by eye exposure. Inhalation generally leads to coughing, burning, dizziness, and loss of muscle coordination.⁹ Oral consumption irritates the digestive tract, results in nausea, diarrhea, vomiting, and can lead to kidney and liver damage.¹⁰ 2,4-D is one of few herbicides to cause nervous system damage; both digestion and inhalation affect the central nervous system. Effects to the nervous system include inflamed nerve endings, lack of coordination, stiffness in the arms and legs, inability

to walk, fatigue, stupor, coma, and death.¹¹ 2,4-D is a serious skin and eye irritant. For the acid form, the LD 50 in rats is 375-666 mg/kg orally and approximately 1500 mg/kg dermally.¹²

Chronic Toxicity

Although a mounting body of evidence links 2,4-D to various cancers, particularly non-Hodgkin's lymphoma, EPA has been reluctant to classify it as a carcinogen in the face of industry pressure. EPA lists the herbicide in class D for carcinogenicity. Chemicals in this class are considered to have inadequate evidence for carcinogenicity, or not enough data is available.¹³ However, the link between 2,4-D and non-Hodgkin's lymphoma has been demonstrated in the United States, Italy, Canada, Denmark, and Sweden.¹⁴ A 1986 National Cancer Institute (NCI) study found that farmers in Kansas exposed to 2,4-D for 20 or more days per year had a six-fold higher risk of developing non-Hodgkin's lymphoma than non-farmers.¹⁵ The risk of cancer was higher for farmers who mixed or applied the pesticide themselves. Another study done in 1990 found a 50% increase in non-Hodgkin's lymphoma in farmers who handle 2,4-D.¹⁶ A manufacturer's study submitted to EPA in 1986 indicated that the herbicide can cause rare brain tumors in rats.¹⁷ In 1991, an NCI study found that dogs were more likely to contract canine malignant lymphoma if their owners use 2,4-D on their lawns than if owners did not use the herbicide.¹⁸ When 2,4-D was applied four or more times per year, dogs were twice as likely to contract lymphoma. In addition to these epidemiological studies, a laboratory study conducted by the Food and Drug Administration (FDA) found a 4% incidence of lymphoma in rats exposed to 2,4-D and no lymphoma in unexposed rats.¹⁹ Despite these studies, the carcinogenic potential of 2,4-D remains



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controversial. The pesticide industry has criticized some of the studies mentioned here and cites other studies, which support its claim that 2,4-D does not cancer.²⁰

Long-term exposure to 2,4-D also results in a wide range of other health problems. Chronic (long-term) oral intake results in lesions of the kidney and liver in both rats and dogs.²¹ In humans, two studies showed a connection between hepatitis cases and chronic oral consumption of 2,4-D, by golfers who habitually licked their golf balls.²²

2,4-D is also an endocrine disruptor, a chemical that can interfere with the body's hormone messaging system and can alter many essential processes.²³ The National Institute of Health Sciences lists 2,4-D as a suspected endocrine disruptor.²⁴ In studies with rats, 2,4-D has been shown to alter levels of metabolism and sex hormones.²⁵

Several studies have demonstrated that 2,4-D can be a mutagen, or a substance that induces genetic mutations. Workers who apply 2,4-D had a higher number of white blood cells with multiple nuclei than people who were not exposed.²⁶ In rabbits, 2,4-D exposure resulted in unusual numbers of chromosomes in brain cells.²⁷ Genetic problems like these can have further consequences in terms of cancer and reproductive problems.

Reproductive toxicity has also been observed in relation to 2,4-D. Residues of 2,4-D are detectable in urine and semen samples of men who apply the herbicide.²⁸ In rats, exposure resulted in fetuses with abnormal cavity bleeding, increased mortality and genetic damage.²⁹ A 1996 study of private pesticide applicators in Minnesota found a higher rate of birth defects among the children of applicators than the general public.³⁰ It also found the birth defect rate to be highest in areas where 2,4-D use was the highest. Another study conducted in 2003 examined the wheat producing states of Montana, Minnesota, South Dakota and North Dakota, where more than 85% of the acre-

age is treated with chlorophenoxy herbicides, including 2,4-D. Children conceived during the time of herbicide production (April- June) were more likely to have birth defects.³¹

Environmental Effects

Due to its relatively short half-life, 2,4-D is said to have low persistence in both soil and water. However, 2,4-D has a high potential to leach from soils, and therefore a potential for contaminating ground water. The herbicide has been detected in ground water in at least five states and Canada. Low concentrations have also been detected in surface water and drinking water in the US.³²

2,4-D has been shown to have negative impacts on a number of animals. In birds, 2,4-D exposure reduced hatching success and caused birth defects.³³ It also indirectly affects birds by destroying their habitat and food source. The toxicity of 2,4-D to fish is variable. The butoxyethanol ester is very toxic to fish, but other forms are less toxic.³⁴ 2,4-D also bio-accumulates in fish, meaning that fish tissues will contain a higher concentration of 2,4-D than the water surrounding them, which puts them at even greater risk.³⁵ 2,4-dichlorophenol, a breakdown product of 2,4-D, is extremely toxic to earthworms, 15 times more toxic than 2,4-D itself.³⁶ The herbicide also has negative effects on a range of beneficial insects. It reduces offspring numbers in honeybees, kills predatory beetles and ladybug larvae.³⁷ This reduction in ladybug numbers caused an increase in aphids, a major pest, in oat fields.³⁸ Consumption of plants treated with 2,4-D has killed cattle and horses and 2,4-D can also indirectly affect many wild mammal species, including moose, gophers, and voles, by damaging or killing plants they rely on for food.³⁹

Regulatory Status and History

2,4-D was one of the first herbicides to be commercially marketed. It was first introduced in the United States in the late 1940's.⁴⁰ 2,4-D made up a major portion

(about 50%) of the herbicide known as Agent Orange, which was used during the Vietnam War. However, it is thought that most of the health problems related to Agent Orange were actually due to dioxin contamination of the other major component, 2,4,5-T.⁴¹ While 2,4,5-T was the main culprit and has now been banned, several forms of dioxin have also been found in 2,4-D, including 2,4,7,8-TCDD.⁴²

The history of dioxin contamination further increases the dangers related to 2,4-D, particularly for the amine and ester forms.⁴² Dioxins are highly carcinogenic and can cause health problems as severe as weakening of the immune system, decreased fertility, altered sex hormones, miscarriage, birth defects, and cancer. EPA studies in 1994 detected dioxins in a number of 2,4-D products.⁴³ The Washington Department of Agriculture also detected dioxins in a 2,4-D product in 1998.⁴⁴

2,4-D is currently undergoing EPA's reregistration process. According to EPA the Reregistration Eligibility Decision (RED) is scheduled for May 2005.⁴⁵ On June 23, 2004, the EPA released to the public a series of risk assessment documents summarizing current data on the human health and environmental effects of 2,4-D.⁴⁶ This began a comment period during which the EPA will accept statements from any interested parties, which will then be considered in the final reregistration decision. As part of the reregistration process, EPA also required over 200 new studies on 2,4-D.⁴⁷ A group of major manufacturers of 2,4-D set up the "Industry Task Force II on 2,4-D Research Data" which has now funded 270 of these studies.⁴⁸ According to EPA, there are still several data gaps in the current 2,4-D research. The risk assessment indicates that a 28-day inhalation study is needed because there are no data available on the effects of repeated inhalation of 2,4-D. A developmental neurotoxicity study is also needed, as well as a 2-generation reproductive study that addresses endocrine disruptor concerns.⁴⁹



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